



Peer support groups for NZSTI Interpreters Questionnaire

This is a brief survey to help you determine whether you may benefit from joining a peer support group for NZSTI interpreters.

1. Please tick the degree to which you agree or disagree with the statement.

Statement	To a very high degree	To a high degree	Somewhat	To a low degree	To a very low degree	I prefer not to comment
I feel burned out from my work						
I find work emotionally exhausting						
My current capacity for reflection on my work is limited						
My current capacity to empathise with client's experience is limited						
My current capacity to empathise with myself and be kind to myself is limited						
My current capacity to show tolerance towards my colleagues is limited						

2. Reasons for joining an NZSTI peer support group:

Please tick as many as apply

- To improve my ability to reflect on the interpreting experience
- Means of improving communication between the parties I am interpreting for
- The group setting of peer support groups is an important factor for me
- I know of others who have found peer support groups beneficial
- I previously have attended peer support groups and found them beneficial
- It is being made available at my work place
- It is being made available during a time that suits me
- No financial costs involved
- Other-please specify:

3. What do you hope to gain from this NZSTI Peer support group experience?